

August 2025

Supportive Living

Hamlets at Red Deer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar Entertainment Payment Required * Outings Special Programs	<u>Resident-Run</u> <u>Sign-up</u> <u>Meetings</u>				8:30 News Paper Delivery 9:30 Exercise Class (MPR) 1:30 Family Feud (MPR) 1:30 Craft: Egg Carton Flowers (MPR)	9:30 Morning Walks + Water The Plants 10:30 Armchair Travel - Scotland (CH) 1:30 Floor Curling (MPR)
9:15 Crossroads Church Online (CH) 11:00 Catholic Mass Online (CH) 1:00 United Church Online (CH)	9:30 Exercise Class (MPR) 10:30 Nails and Chat (MPR) 1:30 Bus Trip: Scenic Drive	9:30 Morning Walks 11:00 Pet Therapy 1:1 (MBL) 1:30 Shuffle Board (MPR) Happy Birthday	9:30 Exercise Class (MPR) 10:30 Catholic Service (CH) 1:30 Mega Bingo (MDR) 2:00 Optima Living Principal Visits: Resident Town Hall (MDR) 3:00 Happy Hour: Arnold Palmer* (MPR)	9:30 Morning Walks 10:30 Garden Club 1:30 Concert - Paul Wood (MDR)	8:30 News Paper Delivery 9:30 Exercise Class (MPR) 10:30 Walker Name Plates - Hamlet Focus (CYN) 1:30 Spaz the Cockatoo (MPR) 3:30 Tea Cart (MBL)	9:30 Morning Walks + Water The Plants 10:30 Ring Toss (MPR) 1:30 Country Kitchen - Chocolate Cookies (MPR) 3:30 Patio Visits (CYRD)
9:15 Crossroads Church Online (CH) 11:00 Catholic Mass Online (CH) 1:30 Anglican Church Online (CH)	9:30 Exercise Class (MPR) 11 10:30 Game Time - UNO (HTG) 1:30 Hymn Singing & Bible Study (MDR) 3:30 Nails and Chat (MPR)	9:30 Morning Walks 11:00 Pet Therapy 1:1 (MBL) 2:00 St. Mary's Catholic Mass (CH)	9:00 Bus Trip: Police Dog Demonstration 10:30 Word Games (MPR) 1:30 Bingo (MPR) 3:00 Happy Hour: Rum & Coke * (MPR) Happy Birthday	9:30 Morning Walks 10:30 Walking With Jesus Today - Evangelical Service (CH) 10:30 Garden Club 1:30 Concert - The Plaiders (MDR) 3:30 Library Cart (MBL)	8:30 News Paper Delivery 15 9:30 Exercise Class (MPR) 10:30 Game Time - Snake & Ladders 1:30 Country Pride Dancers - Dance Along (MDR)	9:30 Morning Walks + Water The Plants 10:30 Armchair Travel - Iran (CH) 1:30 Bean Bag Toss (MPR)
9:15 Crossroads Church Online (CH) 11:00 Catholic Mass Online (CH) 1:00 United Church Online (CH)	9:30 Exercise Class (MPR) 18 10:00 -2:00 Personal Touch Fashions (DP) 10:30 Nails and Chat (MPR) 1:30 Bus Trip: Menchies	9:30 Morning Walks 10:00 -2:00 Pop Up Shop - Cory's Creations (BIST) 11:00 Pet Therapy 1:1 (MBL) 1:00 Food Committee Meeting (CH) 3:30 Kite Making & Flying (CYRD)	9:30 Exercise Class (MPR) 10:30 Catholic Service (CH) 12:00 BBQ - Island Party (MDR) 1:30 Summer Island Party! (CYRD) 3:00 Happy Hour: Mai Tais* (MPR)	9:30 Morning Walks 10:30 Garden Club 10:30 St. Leonard's Anglican Service (MDR) 1:30 Concert - Visions Country Gospel (MDR)	8:30 News Paper Delivery 22 9:30 Exercise Class (MPR) 10:30 Jeopardy (MPR) 1:30 Bowling (MPR) 3:30 Tea Cart (MBL)	9:30 Morning Walks + Water The Plants 10:30 Ring Toss (MPR) 12:00 - 2:00 Red Deer Cruise Night (PRK) 3:30 Patio Visits (CYRD)
9:15 Crossroads Church Online (CH) 11:00 Catholic Mass Online (CH) 1:30 Anglican Church Online (CH)	9:30 Exercise Class (MPR) 25 10:30 Country Kitchen - Banana Split (MPR) 3:30 Nails and Chat (MPR) Happy Birthday	9:30 Morning Walks 11:00 Pet Therapy 1:1 (MBL) 1:30 Town Hall Meeting (MPR) 2:00 Hymn Sing Along (CH)	9:30 Exercise Class (MPR) 27 10:30 Game Time - Scrabble (HTG) 1:30 Mega Bingo (MDR) 3:00 Happy Hour: Tequila Sunrise * (MPR) Happy Birthday	9:30 Morning Walks 10:30 Garden Club 1:30 Concert - All Sorts + Birthday Celebration (MDR) 3:30 Library Cart (MBL) Happy Birthday	8:30 News Paper Delivery 29 9:30 Exercise Class (MPR) 10:30 Walker Name Plates - Hamlet Focus (RVB) 1:30 Afternoon Movie: "Baby's Day Out" (MPR) Happy Birthday	9:30 Morning Walks + Water The Plants 10:30 Armchair Travel - Amalfi Coast (CH) 1:30 Floor Curling (MPR)
9:15 Crossroads Church Online (CH) 11:00 Catholic Mass Online (CH) 1:00 United Church Online (CH)			Multipurpose Room (MPR) Chapel (CH) Main Dining Room (MDR) Mobile (MBL)	Locations Legend Courtyard (CYRD) Heritage (HTG) Canyon (CYN) Day Program (DP)	Bistro (BIST) Parking Lot (PRK) Riverbend (RVB)	Store Hours 12:15-1:00 Mon, Tue, Wed, Fri, Sat