



## Covid Update

September 10, 2020

*Together we will get through this.*

Fall is quickly approaching, and we all know that it will be the start of Flu season real soon. This year will be slightly different in that we are also continuing to endure the Covid 19 pandemic. Our homes are beginning preparations for the flu season to keep our residents, team members and visitors safe and healthy. We all must remain vigilant during these times, and if you are ill – please stay home. Symptoms of Covid 19 and symptoms of Flu are very similar, be aware and please be patient with us while we continue with our screening processes for all visitations.

To help all of us keep healthy we ask that you reassess your social bubbles – especially if you are a designated visitor. Our social bubble should still be kept small (10 people outside of your immediate house). We remain committed in supporting and sharing new information with you as it becomes available to us. Remember, keeping yourself and your loved ones healthy should be a number one priority.

Our Health Authorities and Province continue to revise guidelines and provide orders, and because we operate with those guidelines and orders, we are mandated to follow them.

Please check with your local Hamlet home to find out the status of the communication tool that might be available to you.

Thank you in working along side of us during this challenging time.

### **Information to Share:**

Tips for Mask Wearing to support comfort and reduce risk of experiencing a rash:

❖ <https://www.albertahealthservices.ca/assets/info/ppih/if-ppih-covid-19-guidance-continuous-masking-work-for-you.pdf>

Other strategies to support mask wearing:

❖ <https://www.albertahealthservices.ca/assets/info/ppih/if-ppih-covid-19-how-to-support-mask-wearing.pdf>